



BIRLEY SPA PRIMARY

SPRING SUMMER 2023



Colours in the left column represent the band colour your child should choose for the meal that day

WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/04/23 : 08/05/23 : 29/05/23 19/06/23 : 10/07/23 : 31/07/23 21/08/23 : 11/09/23 : 02/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Italian Chicken with Mixed Rice	Roast Gammon with Roast Potatoes, & Gravy	Sausage Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Vegetarian Main Course	Cheese & Tomato Pasta	Beany Tomato Ragu with Cous Cous	Quorn Roast with Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake	Cheesy Pea Pasta
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	Sandwich on a Plate	Cheese Sandwich Carrot & Cucumber Sticks Oat & Raisin Cookie Apple	Cheese Sandwich or Tuna or Salmon Wrap Carrot & Cucumber Sticks Chocolate Sponge	Cheese Sandwich or Hot Roast Baguette Carrot & Cucumber Sticks Shortbread Banana	Cheese Sandwich or Tuna Mayo Sandwich Carrot & Cucumber Sticks Vanilla Blondie Apple	Cheese Sandwich or Ham Sandwich Carrot & Cucumber Sticks Strawberry Cake Orange
	Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 24/04/23 : 15/05/23 : 05/06/23 26/06/23 : 17/07/23 : 07/08/23 28/08/23 : 18/09/23 : 09/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Roast Pork with Roast Potatoes & Gravy	Chicken Tikka Curry with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Cheese Pasta	Veggie Meatballs with Tomato Sauce & Pasta	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Margherita Macaroni
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwich on a Plate	Cheese Sandwich Carrot & Cucumber Sticks Flapjack Finger Apple	Cheese Sandwich or Tuna & Sweetcorn Wrap Carrot & Cucumber Sticks Chocolate & Banana Muffin Orange	Cheese Sandwich or Hot Roast Baguette Carrot & Cucumber Sticks Shortbread Banana	Cheese Sandwich or Ham Sandwich Carrot & Cucumber Sticks Fruity Jam Bun Apple	Ham Sandwich or Cheese Sandwich Carrot & Cucumber Sticks Shortbread Orange
	Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 01/05/23 : 22/05/23 : 12/06/23 03/07/23 : 24/07/23 : 14/08/23 04/09/23 : 25/09/23 : 16/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Pork Hot Dog with Baked Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Cheese Pasta	Veggie Mince Pasta Bake	Vegetable Sausage with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Macaroni Cheese
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwich on a Plate	Cheese Sandwich Carrot & Cucumber Sticks Chocolate Shortbread Apple	Cheese Sandwich or Ham Sandwich Carrot & Cucumber Sticks Fruity Flapjack Orange	Cheese Sandwich or Hot Roast Baguette Carrot & Cucumber Sticks Oaty Crunchy Biscuit Banana	Cheese Sandwich or Tuna & Sweetcorn Sandwich Carrot & Cucumber Sticks Apple Sponge Apple	Cheese Sandwich or Fish Finger Wrap Carrot & Cucumber Sticks Chocolate Crispy Crunch Orange
	Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.